Helping Hands
Community and Natural Resources Education Club where youth plan and organize several community service projects throughout the year.
Victoria Arcement 540-498-7361

Livestock Club
Raise an animal and learn methods of care/feeding, record keeping and responsibility in preparation for the annual livestock show and sale event.
Becky Emory 540-220-0881

Horse and Pony Clubs
Specifics of riding/caring for a horse and all the equipment associated with horsemanship. Club members can compete in local and state shows.
Wilma & Charlie Ward 775-2264

Horsin’ Around Club
Horsin’ Around, a “horseless” 4-H club (no need to own a horse), has Cloverbuds (ages 5-8), too!
Carla Gardiner 301-752-6223

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

Shooting Education
Learn the rules of safe and responsible firearms handling and develop concentration and physical control to improve marksmanship.
Jim Morgan (Air Rifle) 540-775-5204
Joe Primerano (Shotgun) 540-207-5859
Teresa Williams (Archery) 540-903-7046

Youth Gardening
After-school program where youth learn concepts of gardening, horticulture and the interrelationships between plants, animals and soil.
Volunteers needed 540-775-3062
If you are interested, please call!

FIRST LEGO League Teams
Youth learn about robotics and technology in preparation for competition. The Dahlgren group has a Cloverbud component so younger children (ages 5-8) can learn about technology, too!
Victoria Arcement 540-498-7361

Envirothon Club
Envirothon is a hands-on environmental problem solving competition for high school students. Learn about soils, wildlife, forestry, aquatics and more!
Terry Misch 775-3856

Heritage Club
This club, which meets at Washington’s Birthplace, allows youth to learn about and participate in living history demonstrations.
Deborah Lawton 804-224-1732x287

Cloverbud Club
This program for 5-8 year olds will expose them to all that is 4-H through a wide variety of activities and opportunities!
Emily Lumpkins 240-538-3523

Teens Adventure Club
Join us for adventure, camp planning, game nights and community service. For youth in grades 7-12.
Terry Misch 540-775-3062

New Clubs
New Clubs are easy to start and always welcome! To start a club, gather 5 friends and 2 adults with a shared interest area or community and call Terry Misch, King George 4-H Agent, at 775-3062.
What is 4-H? 4-H is a voluntary, informal education program for boys and girls who are ages 9-19. To enroll, participants must turn 9 between October 1st and September 30th. 4-H is open to everyone regardless of race, color, religion, sex, age, veteran status, national origin, handicap or political affiliation. Additionally, 4-H Cloverbuds is a program for youth ages five to eight.

4-H Camp is available to youth ages 9-13 in King George. Applications are released late February, and camp is during summer at the Northern Virginia 4-H Center. It’s 5 days of fun and learning without electronics and TV!

4-H Congress is the premier state teen event. Held at Virginia Tech each June, this event hosts state elections and competitions, Great Summer Showcase educational workshops, college tours of different areas of study and social activities for teens from across the state.

What do the 4 H’s stand for?

**Head** - Mental Development. Deeper knowledge and reasoning

**Heart** - Emotional Development. Developing interest, appreciation, and wholesome attitudes.

**Hands** - Skills Development. Ability to do, skill in doing, and habit of doing.

**Health** - Physical Development. Understanding and appreciating a growing and changing body.

For additional information about 4-H in King George County, contact:

Terry Misch, 4-H Extension Agent  
VCE – King George County  
10087 Kings Highway  
King George, VA 22485  
(540) 775-3062  
Fax (540) 775-5645  
Email: tmisch@vt.edu  
king-george.ext.vt.edu

I pledge:
My head to clearer thinking,
My heart to greater loyalty,
My hands to larger service, and
My health to better living
For my club, my community, my country, and my world.

Let’s join 4-H.

Information on 4-H programs available to the youth of King George County.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact the King George Extension Office at 540-775-3062/TDD (800) 828-1120 during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations five days prior to the event.

Updated 8/18